

| Antihistamine Dosaging | | | | | | | | |
|-------------------------------|----------------------|--------------------|--------------------------|------------------|-----------------|-------------------|-------------------|------------------|
| Generic | Common Brands | Forms | 1-10lbs | 10-20lbs | 20-30lbs | 30-50lbs | >50lbs | How Often |
| Diphenhydramine | Benadryl | 25mg Tablet | | 1/2 to 1 Tablet | 1 Tablet | 1 1/2 - 2 Tablets | 3 - 4 Tablets | 2-3x Daily |
| | | 2.5 mg/mL Liquid | 1 - 5 mL (5 mL / tsp) | | | | | |
| Chlorpheniramine | Chlortrimeton | 4mg Tablet | | 1 Tablet | 2 Tablets | 2 1/2 Tablets | 3 Tablets | 2-3x Daily |
| | | 0.4 mg/mL Liquid | 1 - 5 mL | | | | | |
| Clemastine | Tavist | 1.34mg Tablet | | 1/2 Tablet | 1/2 - 1 Tablet | 1 - 1 1/2 Tablets | 1 1/2 - 2 Tablets | 2x Daily |
| | | 0.134 mg/mL Liquid | 1 - 5 mL | | | | | |
| Loratadine | Claritin | 10mg Tablet | 1/4 Tablet | 1/4 - 1/2 Tablet | 1/2 Tablet | 1 Tablet | 1 - 1 1/2 Tablets | Once Daily |
| Cetirizine HCL | Zyrtec | 5mg & 10mg tablet | 1/2 of a 5mg tab | 1 - 5mg Tablet | 1-10 mg Tablet | 1.5 -10mg tabs | 2 - 10mg tablets | 1-2x Daily |